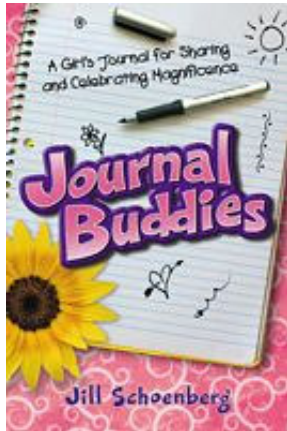
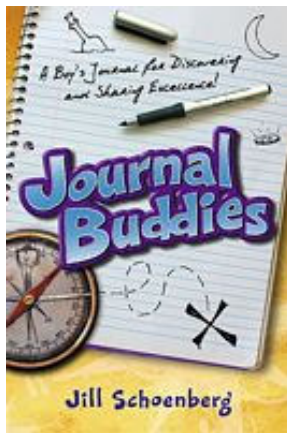


## Introducing the Innovative *Journal Buddies* Series



**Title:** Journal Buddies: A Girl's Journal for Sharing and Celebrating Magnificence  
**Genre:** Juvenile Nonfiction-Social Situations-Self-esteem & Self-reliance  
**Binding:** Perfect Bound Paperback  
**Release Date:** June 1, 2007  
**Price:** \$16.95  
**ISBN:** 978-0-9768623-0-7  
**Book Size:** 6 x 9  
**Page Count:** 176  
**Publisher:** Blue Sky at Night Publishing  
**Distribution:** Ingram  
**Email:** Jill@JournalBuddies.com  
**Website:** JournalBuddies.com & DiscoverSelfEsteem.com



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**Read on to discover what makes these journals so unique.**

**Simple but powerful, *Journal Buddies* is no ordinary journal.** It's an invitation to expand your creativity and express your feelings. Most of all, it's an invitation to strengthen your self-esteem, build healthy relationships and create a positive outlook on life. To add to the excitement, you complete this unique journal *with* the help of your buddies – your friends, Mom, Dad, teachers, grandparents, cousins, mentors, even your pet or your imaginary friend. You've never experienced a journal like this!

How would you like to:

- learn a fun, new activity that you can do with your friends
- improve your self-esteem by focusing on the qualities, traits and talents that you love, like and enjoy about yourself and your buddies
- freely express your feelings in your own unique journaling style...

With *Journal Buddies*, you're never alone or left searching for something to write or draw about. There's lots of cool stuff inside the book to help you along in your journaling adventure. And upon completion, your journal becomes a cherished keepsake – a treasure chest full of super great things that you and your buddies like about each other. Oh, and by the way, you can do *Journal Buddies* with someone who has the book or with someone who doesn't. It works both ways. See for yourself and come explore the exciting, fun world of interactive and creative journaling.